



## Valdosta Physical Therapy. Inc.

### Patient's Information

(Circle one): New Patient / Return Patient      Patient #(Front desk will provide): \_\_\_\_\_

Name: First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home/Alternate Phone #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Marital Status (circle one): Married / Single / Widowed / Separated / Divorced

E-mail: \_\_\_\_\_ Emergency Contact Name and #: \_\_\_\_\_

### Employment Information

(Circle one): Employed / Unemployed / Retired / Student

Employer/ School: \_\_\_\_\_ Occupation: \_\_\_\_\_ Phone #: \_\_\_\_\_

Employment Address: \_\_\_\_\_ City/State/Zipcode: \_\_\_\_\_

### Spouse and Parent Information

Spouse/ Parent Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Employer: \_\_\_\_\_

### Insurance Information

Primary insurance: \_\_\_\_\_

Secondary insurance: \_\_\_\_\_

*\*\*Please provide the front desk with your insurance card so we may make a copy for your file.*



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### Physician Information

Referring Physician: \_\_\_\_\_ Primary Physician: \_\_\_\_\_

### How did you hear about us?

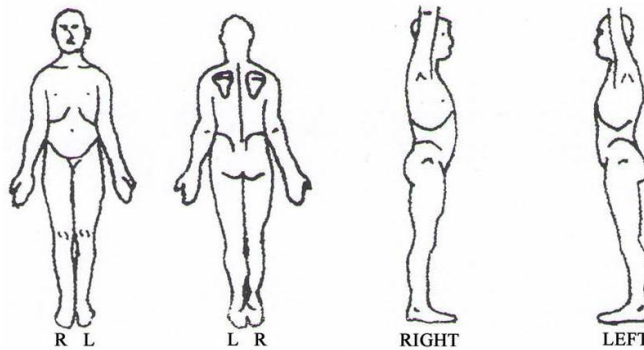
*Please check one:*

- Returning patient       Phonebook
- Physician       Word of Mouth
- Internet      *Name of referrer* \_\_\_\_\_
- Employer       Other
- List other* \_\_\_\_\_

### Patient Medical History

Height: \_\_\_ ft. \_\_\_ in.

Weight: \_\_\_\_\_ lbs.



***Where are your symptoms located? (Darken the spots on the appropriate body above)***

When did your symptoms begin? \_\_\_\_\_

Circle the words that best describe your symptoms: sharp / dull / burning / cramping / localized / radiating

Are your symptoms due to an accident or trauma?(describe) \_\_\_\_\_



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What makes you feel better? \_\_\_\_\_

What makes you feel worse? \_\_\_\_\_

Please rate the following on a scale of 0-10 (0 being no pain, 10 being the worst pain you can imagine):

1. The least pain you've had in the past week: \_\_\_\_\_ out of 10
2. The most pain you've had in the past week: \_\_\_\_\_ out of 10
3. Your current level of pain: \_\_\_\_\_ out of 10

Please list any relevant medical history: \_\_\_\_\_

Please provide all current medications you are taking, including dosage (if multiple, please provide a list for the chart): \_\_\_\_\_

Please list any diagnostic test results (X-rays, MRI, CT scan, Myelogram, etc.): \_\_\_\_\_

Please list any interventions prior to physical therapy (injections, splints, medications, etc.): \_\_\_\_\_

If 100% represents full recovery and full functioning for you, what percent are you at today? \_\_\_\_\_

Do you have any previous medical problems that may limit your ability to exercise?  
(Circle one): Yes / No

If yes please explain:

Please mark if you had or have any of the following problems (choose all that apply):

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Pace maker    | <input type="checkbox"/> Infections          | <input type="checkbox"/> Bowel/Bladder  |
| <input type="checkbox"/> Heart attack  | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Metal Implants   |
| <input type="checkbox"/> Headaches     | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Dizziness  |
| <input type="checkbox"/> Stroke        | <input type="checkbox"/> Hernia              | <input type="checkbox"/> HIV  |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Insomnia   |
| <input type="checkbox"/> Hepatitis     |  | Females only:      Pregnant: <input type="checkbox"/> Yes <input type="checkbox"/> No |